

The Grant High School Sports Health Academy empowers students to pursue higher education and become leaders in the areas of sports medicine, media and business entrepreneurship.

Research demonstrates that students who are engaged in meaningful activities at school, including academies, athletics and extra curricular activities, improve their school performance.

In addition, the proposed multi-phased transformation of the existing weight room into a state of the art fitness center will benefit the Sports Health Academy and the community at large.

To make this dream a reality, we need your help. Twin Rivers Unified School District is looking for dynamic, motivated people and organizations interested in contributing time, materials and funds towards the Grant High School Sports Health Academy and fitness center transformation.

If you want to make a difference in the lives of students, athletes and members of the Del Paso community, please contact:

Diane Harris ~ Facilities Department diane.harris@twinriversusd.org **916.566.1600 ext. 1431**

www.pacerforlife.com

Home of the Mighty Pacers!

CIF 2008 Open Division State Champions

Grant High School Sports Health Academy







providing students with a rigorous academic experience where they can learn first hand about sports medicine, multimedia productions and the business of athletics.



1400 Grand Avenue Sacramento, CA 95838

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Grant High School Sports Health Academy Capital Campaign Committee



The Capital Campaign Committee is actively raising funds to benefit improvement projects to facilities that support the Grant High School Sports Health Academy. Established in 1932, Grant High School has a long and proud history, serving as a cornerstone of the Del Paso Heights community in Northern Sacramento.



The vision of the Sports Health Academy grew out of the long legacy of successful sports programs and the affinity the Del Paso Heights community has for these athletic teams. Grant students will have the opportunity to be connected with a successful athletic program while learning about medical, marketing, and entrepreneurial skills that will carry them far beyond high school.



Long overdue, the proposed multi-phased transformation of the existing weight room into a state of the art fitness center benefits both Sports Health Academy students and the community at large. With determination, pride and a unique vision, the school's faculty, Twin Rivers administration, and our supportive community leaders are proud to introduce the Grant High School Sports Health Academy and fitness center renovation... *Can you see it?*



We can reach many more students through our athletic programs, if we have the facilities to meet their needs. Athletics is a pathway to excellence.

> Principal Craig Murray Grant High School



Sports Medicine

Students interested in pursuing careers in medicine will follow the Health Science and Medical Technology pathway. These students will assist with training of athletes and tend to sports injuries during practice and games.



Multimedia Productions

Those students seeking a creative outlet will be encouraged to participate in the Arts, Media and Entertainment Industry Sector, focusing on the development of skills in digital and multi-media arts.



Business Entrepreneurship

Students interested in entering business will be enrolled in marketing courses and will be responsible for promoting area athletic events, encouraging attendance and expanding membership into the Grant family.